SGS SPORTS GEAR SWAG

# CYCLING UNIFORM SIZE CHART

*Last Updated: May 2026*

## CYCLING JERSEYS

### Designed For Easy Unrestricted Movement

**MEN**

| SIZE | S | M | L | XL | 2XL | 3XL | 4XL |
|---|---|---|---|---|---|---|---|
| LENGTH | 68.5 - 71 | 71 - 73.6 | 73.6 - 76.2 | 76.2 - 78.7 | 78.7 - 81.2 | 81.2 - 83.8 | 83.8 - 86.3 |
| CHEST | 93.98 - 99 | 99 - 104 | 104 - 110.4 | 110.4 - 121.9 | 121.9 - 134.6 | 134.6 - 144.7 | 144.7 - 157.4 |

**WOMEN**

| SIZE | WXS | WS | WM | WL | WXL | W2XL | W3XL |
|---|---|---|---|---|---|---|---|
| U.S. SIZE | 0/2 | 4/6 | 8/10 | 12/14 | 16/18 | 20 | 22 |
| LENGTH | 60.9 - 63.5 | 63.5 - 66 | 66 - 68.5 | 68.5 - 71 | 71 - 73.6 | 73.6 - 76.2 | 76.2 - 78.7 |
| BUST | 74.9 - 82.5 | 82.5 - 88.9 | 88.9 - 96.5 | 96.5 - 102.8 | 102.8 - 111.7 | 111.7 - 121.9 | 121.9 - 142.2 |

**YOUTH**

| SIZE | YXS | YS | YM | YL | YXL |
|---|---|---|---|---|---|
| U.S SIZE | 6/7 | 7/8 | 10/12 | 14/16 | 18/20 |
| AGE (YRS.) | 15.2 - 17.7 | 20.3 - 22.8 | 25.4 - 27.94 | 30.48 - 33.02 | 35.56+ |
| HEIGHT | 119.3 - 129.5 | 129.5 - 139. | 139. - 149.8 | 149.8 - 160 | 160 - 170.1 |
| LENGTH | 45.7 - 49.53 | 49.5 - 53.3 | 53.3- 58.4 | 58.4 - 63.5 | 63.5 - 68.58 |
| CHEST | 68.5 - 73.6 | 73.6 - 81.2 | 81.2 - 88.9 | 88.9 - 96.5 | 96.5 - 105.4 |

**INFANT & TODDLER**

| SIZE | 2T | 3T | 4T |
|---|---|---|---|
| AGE (YRS.) | 1 - 2 | 2 - 3 | 3 - 4 |
| HEIGHT | 83.8 - 88.9 | 91.4 - 96.5 | 99 - 104 |
| LENGTH | 38.7 | 40.6 | 42.5 |
| CHEST | 63.5 | 66 | 68.5 |
| HIPS | 38.1 | 40.6 | 42.5 |
| WEIGHT (LBS) | 66- 71.1 | 71.1- 81.2 | 81.2 - 96.5 |




*All sizes are in centimeters**

## CYCLING TIGHTS

### Designed For Easy Unrestricted Movement

**MEN**

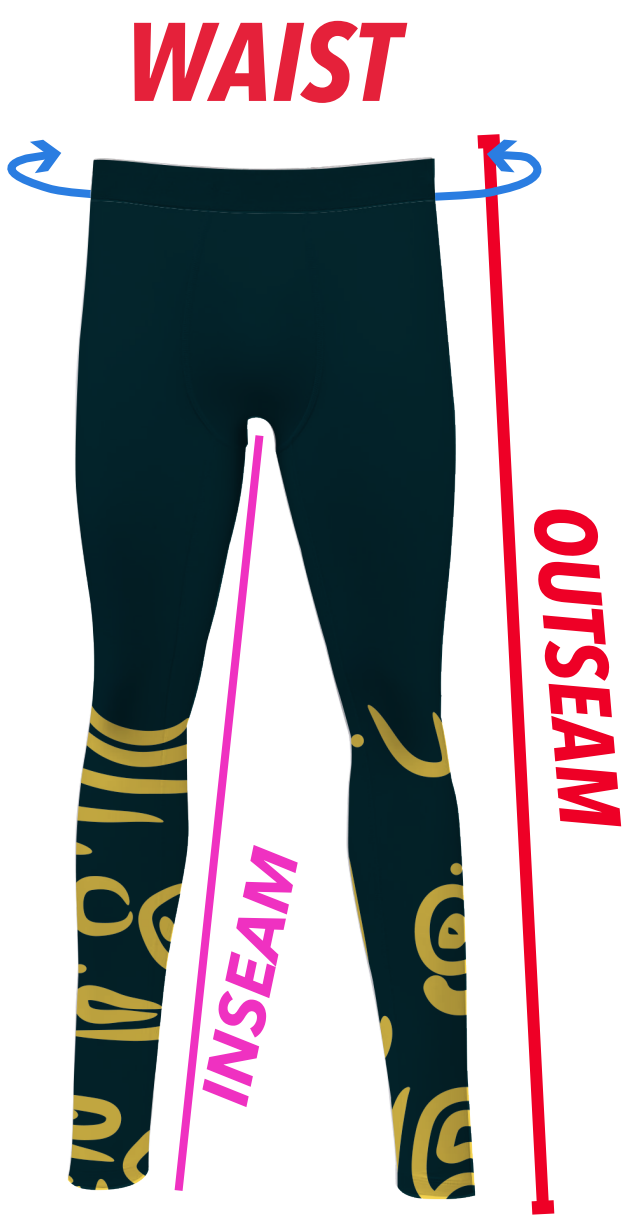
| SIZE | S | M | L | XL | 2XL | 3XL | 4XL |
|---|---|---|---|---|---|---|---|
| WAIST | 76.2 | 83.8 | 91.4 | 99 | 106.6 | 114.3 | 121.9 |
| INSEAM | 71.1- 73.6 | 73.6 - 76.2 | 76.2 - 78.7 | 78.7 - 81.2 | 81.2 - 83.8 | 83.8 - 86.3 | 86.3 - 88.9 |
| OUTSEAM | 102.2 | 105.4 | 109.2 | 113.0 | 115.5 | 119.3 | 121.9 |

**WOMEN**

| SIZE | WXS | WS | WM | WL | WXL | W2XL | W3XL |
|---|---|---|---|---|---|---|---|
| WAIST | 63.5 | 71.1 | 76.2 | 83.8 | 91.4 | 99 | 106.6 |
| INSEAM | 68.5 - 71.1 | 71.1 - 73.6 | 73.6 - 76.2 | 76.2 - 78.7 | 78.7 - 81.2 | 81.2 - 83.8 | 83.8 - 86.36 |
| OUTSEAM | 97.1 | 100.3 | 104 | 107.9 | 110.4 | 114.3 | 118 |

**YOUTH**

| SIZE | YXS | YS | YM | YL | YXL |
|---|---|---|---|---|---|
| WAIST | 55.8 | 60.9 | 66 | 71 | 76.2 |
| INSEAM | 45.7- 48.2 | 48.26 - 50.8 | 50.8 - 53.3 | 53.3 - 55.8 | 55.8 - 58.4 |
| OUTSEAM | 69.8 | 72.3 | 77.4 | 80 | 82.5 |




*All sizes are in centimeters**

## CYCLING SHORTS

### Designed For Easy Unrestricted Movement

**MEN**

| SIZE | S | M | L | XL | 2XL | 3XL | 4XL |
|---|---|---|---|---|---|---|---|
| WAIST | 71 - 76.2 | 78.7 - 83.8 | 86.3 - 91.4 | 93.9 - 99 | 101.6 - 106.6 | 109.2 - 114.3 | 116.8 - 121.9 |
| INSEAM | 15.2 | 16.5 | 17.7 | 19 | 20.3 | 21.5 | 22.8 |
| OUTSEAM | 35.5 | 36.8 | 38.1 | 39.37 | 40.6 | 41.91 | 43.18 |

**WOMEN**

| SIZE | WXS | WS | WM | WL | WXL | W2XL | W3XL |
|---|---|---|---|---|---|---|---|
| WAIST | 58.4 - 63.5 | 66 - 71 | 73.6 - 78.7 | 81.2 - 86.3 | 88.9 - 93.9 | 96.5 - 101.6 | 104- 109.2 |
| INSEAM | 12.7 | 13.97 | 15.24 | 16.51 | 17.78 | 19.05 | 20.32 |
| OUTSEAM | 30.4 | 31.7 | 33 | 34.2 | 35.5 | 36.8 | 38.1 |

**YOUTH**

| SIZE | YS | YM | YL | YXL |
|---|---|---|---|---|
| WAIST | 63.5 - 68.58 | 71.1 - 76.2 | 78.7 - 83.8 | 86.3 - 91.4 |
| INSEAM | 13.97 | 15.24 | 16.51 | 17.78 |
| OUTSEAM | 31.7 | 33 | 34.2 | 35.5 |




*All sizes are in centimeters**

## How To Measure

***BUST:*** *Measure around the fullest part of your bust, keeping the measuring tape horizontal.*

***WAIST:*** *Measure around the narrowest part (typically where your body bends side to side), keeping the tape horizontal.*

***If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit. Please note production is fully custom. ±1 inch is considered nominal.***