# CYCLING CAPS SIZE CHART

*Last Updated: October 2026*

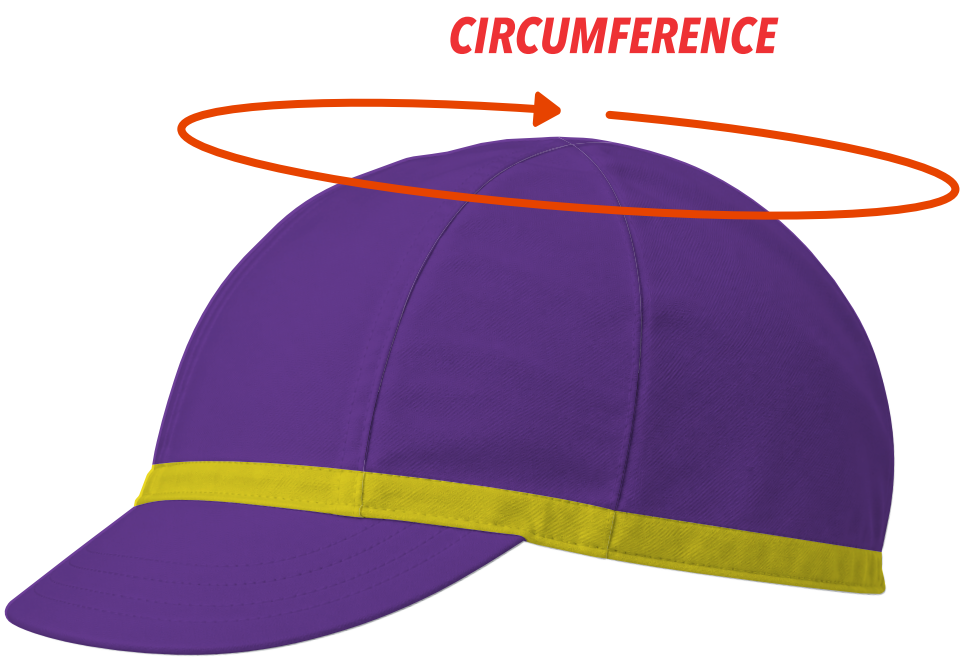
## CYCLING CAPS

### ADULT

| SIZE | XS | S | M | L | XL | 2XL |
|---|---|---|---|---|---|---|
| HEAD CIRCUMFERENCE | 20.4 - 20.8 | 21.2 - 21.6 | 22 - 22.4 | 22.8 - 23.2 | 23.6 - 24 | 24.4 - 24.8 |

### YOUTH

| SIZE | S | M | L | XL |
|---|---|---|---|---|
| HEAD CIRCUMFERENCE | 18.8 - 19.6 | 19.6 - 20.8 | 20.8 - 21.2 | 21.2 - 21.6 |




*All sizes are in inches**