SGS SPORTS GEAR SWAG

CYCLING SHORTS SIZE CHART

Last Updated: May 2026

CYCLING SHORTS

Designed For Easy Unrestricted Movement

MEN

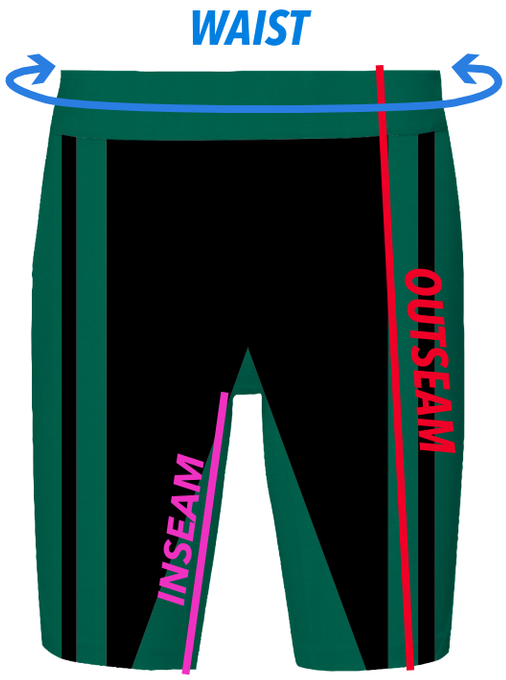
SIZE	S	M	L	XL	2XL	3XL	4XL
WAIST	28 - 30	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45	46 - 48
INSEAM	6	6.5	7	7.5	8	8.5	9
OUTSEAM	14	14.5	15	15.5	16	16.5	17

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
WAIST	23 - 25	26 - 28	29 - 31	32 - 34	35 - 37	38 - 40	41 - 43
INSEAM	5	5.5	6	6.5	7	7.5	8
OUTSEAM	12	12.5	13	13.5	14	14.5	15

YOUTH

SIZE	YS	YM	YL	YXL
WAIST	25 - 27	28 - 30	31 - 33	34 - 36
INSEAM	5.5	6	6.5	7
OUTSEAM	12.5	13	13.5	14



All sizes are in inches*

How To Measure

WAIST: *Find the narrowest part of your waist (where you bend) and measure around it.*
OUTSEAM: *Measure from the waist down the outside of the leg to the desired length.*
INSEAM: *Measure from the crotch down the inside of the leg to the desired length.*

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference