SGS SPORTS GEAR SWAG

CYCLING SHORTS SIZE CHART

Last Updated: May 2026

CYCLING SHORTS

Designed For Easy Unrestricted Movement

MEN

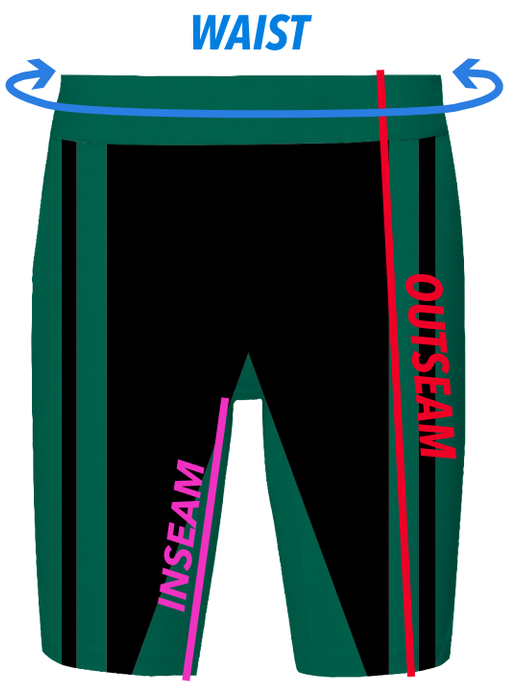
SIZE	S	M	L	XL	2XL	3XL	4XL
WAIST	71 - 76	79 - 84	86.5 - 91.5	94 - 99	101 - 106	109 - 114	117 - 122
INSEAM	15	16.5	18	19	20.5	21.5	23
OUTSEAM	35.5	37	38	39.5	40.5	42	43

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
WAIST	58.5 - 63.5	66 - 71	73.5 - 78.5	81.5 - 86.5	89 - 94	96.5 - 101.5	104 - 109
INSEAM	12.5	14	15.5	16.5	18	19	20.5
OUTSEAM	30.5	32	33	34.5	35.5	37	38

YOUTH

SIZE	YS	YM	YL	YXL
WAIST	63.5 - 68.5	71 - 76	79 - 84	86.5 - 91.5
INSEAM	14	15	16.5	17.5
OUTSEAM	32	33	34.5	35.5



All sizes are in centimeters*

How To Measure

WAIST: *Find the narrowest part of your waist (where you bend) and measure around it.*
OUTSEAM: *Measure from the waist down the outside of the leg to the desired length.*
INSEAM: *Measure from the crotch down the inside of the leg to the desired length.*

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference