CYCLING TIGHTS SIZE CHART

Last Updated: May 2026

CYCLING TIGHTS

Designed For Easy Unrestricted Movement

MEN

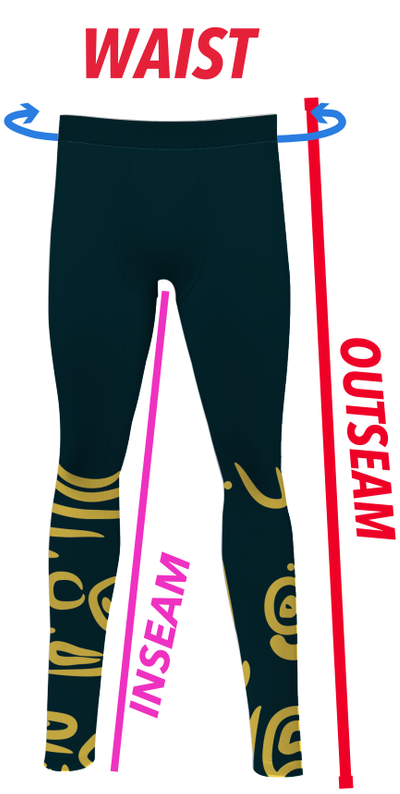
SIZE	S	M	L	XL	2XL	3XL	4XL
WAIST	30	33	36	39	42	45	48
INSEAM	28 - 29	29 - 30	30 - 31	31 - 32	32 - 33	32 - 34	34 - 35
OUTSEAM	40.25	41.5	43	44.5	45.5	47	48.5

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
WAIST	25	28	30	33	36	39	42
INSEAM	27 - 28	28 - 29	29 - 30	30 - 31	31 - 32	32 - 33	33 - 34
OUTSEAM	38.25	39.5	41	42.5	43.5	45	46.5

YOUTH

SIZE	YXS	YS	YM	YL	YXL
WAIST	22	24	26	28	30
INSEAM	18 - 19	19 - 20	20 - 21	21 - 22	22 - 23
OUTSEAM	27.5	28.5	30.5	31.5	32.5



All sizes are in inches*

How To Measure

WAIST: *Find the narrowest part of your waist (where you bend) and measure around it.*
OUTSEAM: *Measure from the waist down the outside of the leg to the ankle or desired length.*
INSEAM: *Measure from the crotch down the inside of the leg to the ankle or desired length.*

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference