CYCLING TIGHTS SIZE CHART

Last Updated: May 2025

CYCLING TIGHTS

Designed For Easy Unrestricted Movement

MEN

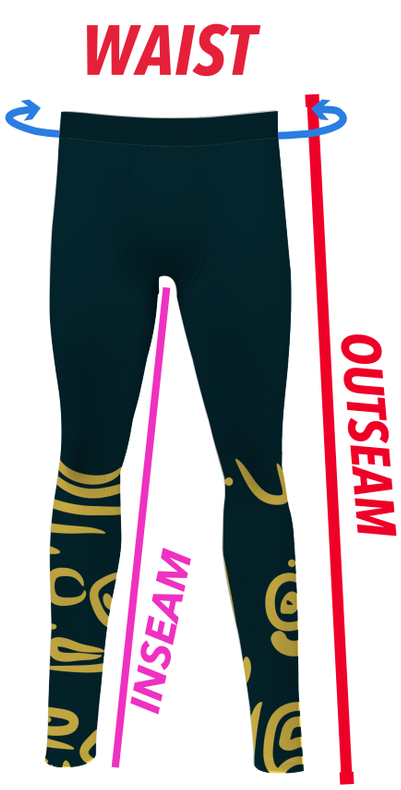
SIZE	S	M	L	XL	2XL	3XL	4XL
WAIST	76	83.5	91	99	106.5	114	121.5
INSEAM	71 - 73.5	73.5 - 76	76 - 78.5	78.5 - 81	81 - 83.5	81 - 86	86 - 88.5
OUTSEAM	102	105	109	113	115.5	119	123

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
WAIST	63.5	71	76	83.5	91	99	106.5
INSEAM	68.5 - 71	71 - 73.5	73.5 - 76	76 - 78.5	78.5 - 81	81 - 83.5	83.5 - 86
OUTSEAM	97	100	104	107.5	110	114	118

YOUTH

SIZE	YXS	YS	YM	YL	YXL
WAIST	55.5	60.5	66	71	193
INSEAM	45.5 - 48	48 - 50.8	50.8 - 53	53 - 55.5	55.5 - 58
OUTSEAM	69.5	72	77	80	82.5



All sizes are in centimeters*

How To Measure

WAIST: *Find the narrowest part of your waist (where you bend) and measure around it.*
OUTSEAM: *Measure from the waist down the outside of the leg to the ankle or desired length.*
INSEAM: *Measure from the crotch down the inside of the leg to the ankle or desired length.*

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference